GOOD HOUSEKEEPING

SUPPLEMENT.

HOLYOKE, MASS. JANUARY 22, 1887. NEW YORK CITY.

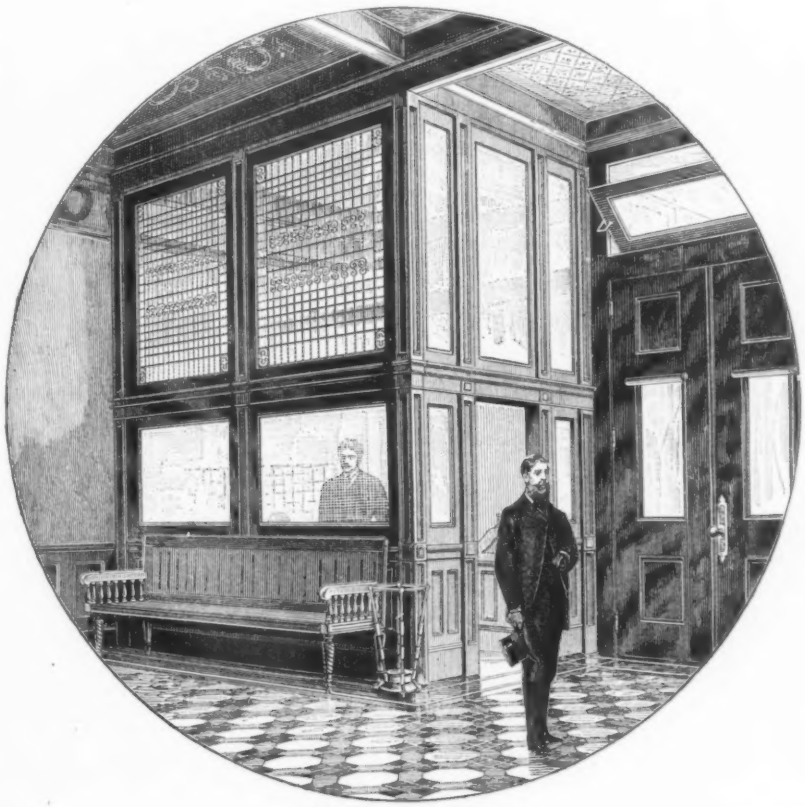
SECURITY, SAFETY AND PRIVACY,

IN CONNECTION WITH HOUSEHOLD GOODS AND VALUABLES.

When the dwelling is shut up in the summer while the family is in the country or at some summer resort, or when it is closed during absence in Europe, or Florida or Southern California, it is a positive addition to comfort to know that burglars can get little that is valuable that is left behind, and that portable property of considerable value is safe from fire. It is also a matter of economy to place valuables where they will be safe. It is more or less commonly the practice to deposit securities, jewels and gold and silver ware in the vault of the bank where one does business, if the bank officers will receive them; this they ought not to do because it endangers the property of the bank and hence of its stockholders and depositors, by throwing out temptation to cracksmen. When a bank is not thus accommodating, recourse is had to some concealment of the valuables, or to burdening some friend with them.

These unpleasant and unsafe customs are happily going out of practice, with the advent of safe deposit and trust companies. These were originally established in the larger commercial cities, but, as the wealth of the country increased, the necessity of such institutions in the inland monetary centers became more apparent, and at the present time such companies are in successful operation in nearly all the wealthier sections of the United States. A new one in Springfield, Mass., the Springfield Safe Deposit and Trust Company, recently organized, suggests their bearing upon household economy and their usefulness to housekeepers. Taking this company as substantially a sample of all of the kind, let us see what it offers to the housekeeper.

The first requisite of a safe deposit company is that its depository shall be safe. This failing, everything fails. The Springfield Safe Deposit and Trust Company, having availed itself of the best that has been thought and known on the subject during the last twenty years, has constructed its vaults and perfected its arrangements so as to secure, as nearly as possible, the *absolute safety* of the valuables that may be intrusted to its care. It would be strange if a new company, starting out with the advantage of having consulted an experience of so many years, should present to its patrons no new safeguards, or free them from no old dangers; and it is with neither boastfulness nor pride, but rather with the consciousness of having done merely what was to be expected of it, that the Springfield Safe Deposit and Trust Company invites attention to its vaults.



PRESIDENT'S ROOM.

The safe deposit vault, seventeen by twenty-four feet, is lined with solid plates of welded iron and steel and plates of high and low steel, the object of the combination being a better protection against tools for breaking or boring. About seventy-five tons of

metal were used in the structure. Each of the two compartments in this vault is protected by three doors,—a day door of ornamental iron work; an inside door of chrome steel plates three inches thick, with sixteen huge transverse, revolving steel bolts; and an outside door of the same material, five inches thick, with twenty similar steel bolts.

The outside doors of the vault, of which there are three, hung on a heavy wrought steel cam hinge, are a marvel of mechanism. There is no spindle through them, for they operate by a self acting gravity appliance and are governed by an electric time clock, so that they cannot be opened between business hours. Each door with its vestibule weighs 18,000 pounds. The steel plates, made up of a few solid pieces instead of some 200 separate pieces as has been customary, are 5¼ inches thick independent of the bolt frame, which is three inches thick. The bolt bar is so tongued at top and bottom that, to remove a piece from either side or from top or bottom, all the nuts must be unscrewed, and all four pieces, top, bottom and sides, be removed together. The bolts are operated by a 90-pound weight. When it is time to lock the door the weight is raised by a crank to a position from which it has two successive falls. The bolts are now in an unlocked position. The chronometer must be wound and set for the time of opening. The shutting of the door moves a lever, which releases the bolt for its first fall. The bolts move outward, and a gong announces that the door is locked. When the time arrives for unlocking, the chronometer, moving a system of levers so nicely adjusted that the resistance is only 2½ ounces, again releases the weight, which makes its second fall, withdrawing the bolts, and the signal announces that the door is unlocked. The weight falls into an air chamber, which prevents any shock or jar to the mechanism. Every moving part turns in a thimble, so that friction is reduced to the smallest degree. If from any cause the chronometer movement stops, the dial can be rotated by electricity, but not to the advantage of a burglar, since the battery must be applied for a time as long as the interval between the time when the chronometer stopped and the time when it was set to open. Dynamite would be useless. The explosion of three or four ounces of dynamite will not move the lock a fifth of an inch out of position. The explosion of a pound would move it five-eighths of an inch, and that displacement, moving a system of levers, would lock the door for good and all. The vault could be opened then only by tearing it down.

The strong inner doors have double combination locks, which cannot be opened without the presence of two officers of the company in the morning. The gates are connected by wires with all parts of the offices, and exit or entrance may be instantly prevented by touching any of the numerous buttons in various parts of the premises.

Within the safe deposit vault are 1,000 boxes of various sizes, the smallest 2 by 5 and the largest 13 by 29 inches wide, and all 24 inches deep. Each is guarded by a complicated lock. To open it the vault man must first use his master key; that half turns the lock. The renter of the box must then use his own key, completing the operation. The object of this double process is to have the vault-keeper cognizant of the opening of every box, and be sure that none is opened by any but the right party. The renter's key cannot be withdrawn until the box is locked again, so that unless he forgets his keys he will not forget to lock his box. Safes are rented by the month, three months, six months, or year; the prices are $10 a year and upwards, according to the size of the safe. Deposit can be made for only one night if desired.

In the cellar, under these deposit vaults, are great fire proof vaults for the safe storage of silver, trunks of clothing, books, and other household valuables. The silver vault is burglar proof as well as fire proof. These accommodations are of scarcely less importance to a community than the vaults for the safe keeping of business papers.

The mechanical safeguards are supplemented by the most perfect system of watching, regulations and checks of bookkeeping that could be devised. Day and night, Sundays and holidays, a watchman is on duty. He can pass entirely around the vaults through a space left for that purpose. Every half-hour his round must be registered on a Howard self-registering electric clock, to be examined every morning. No matches are used, the gas being lighted by electricity, and steam heat brought from outside. The receipts for storage are complicated, providing carefully against possible mistake. Persons renting boxes will be required to sign their name and address, and to furnish an acceptable reference. In another book will be registered an exact description—age, weight, height, complexion, color of eyes and hair, and a password. To get access to the vault the password must be repeated to the vault man. Failing this, the party's appearance will be compared with the description as registered. If the renter wishes his attorney, partner, or any other person to have access to his box, an explicit agreement must be signed on the company's books, and the other party must sign and have his description registered.

To women, even more than to men, in many ways is such an institution of indispensable service, and its officers have spared no pains to study and provide for their convenience. About one-third the wealth of this part of the country is in the hands of women, and this is three-quarters in the form of personal property and largely in the form of securities. This institution offers to them absolute security for their bonds, their mortgages, their wills and all other papers, their diamonds, jewelry, furs, silk gowns, and gold and silver plate, and a convenient place to transact business in privacy, in rooms fitted up for their exclusive use. A woman may enter the building and go directly to one of these private rooms and by electric bell call an officer of the company, and there do all her business with him in as much seclusion as she would have in her own home. Valuables may be deposited in such a way that no one can ascertain what they are. Papers and boxes may be sealed and the depositor may close her safe so that no one but herself can open it. The deposit is deliverable at any time.

The company also undertakes to collect interest on securities. It cuts off coupons when directed to do so and delivers or cashes them, or, on request, sends their proceeds by mail or express to the owner. A woman owning mortgages or government bonds may let them constantly lie in her safe in the vault of this company and not suffer the slightest trouble about them; she will get her interest when it is due, the securities cannot be burned or stolen, and she does nothing more than take her checks from the mail and cash them. If a woman has a savings bank account she can leave her book with this company for $1 a year, and have the privilege of taking out and returning it as often as she pleases.

This company also receives money deposits and allows interest on daily balances of $100 and upwards. All moneys, either free or bearing interest, are held as general deposits, and may be withdrawn, by check on demand, or at some fixed time, as may be agreed upon. Sums deposited for a fixed time will bear interest at special rates.

Collections are made on all available points at lowest rates. Dividends are collected and coupons cashed. Loans are made on first-class securities both on demand and trust at the most favorable rates. Orders for the purchase and sale of stocks, bonds and other securities in the Boston or New York market, are promptly attended to.

The law also permits the appointment of this company as a trustee under any will or instrument creating a trust for the care and management of property.

Deposits are not confined to Springfield residents, but may be made by out of town people through responsible express companies.

Women who have securities and other valuables are resorting more and more to these safe deposit and trust companies for the care of their property and the management of the financial part of their business. There is an absolute safety in all matters, that women particularly appreciate, for a woman, in business affairs, is naturally suspicious of intended cheating and fraud on the part of those with whom she does business. It is furthermore of interest to know that perfect secrecy hedges in all business transacted with and by the company.

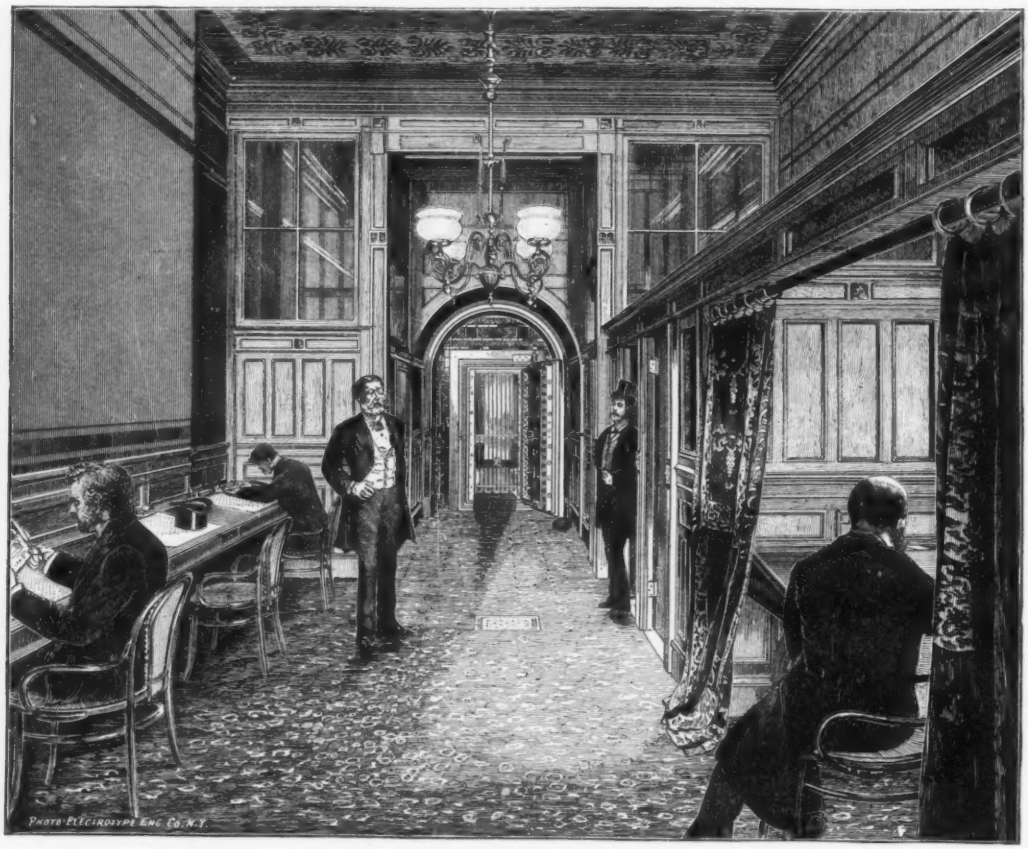
All the appointments of this admirable institution, as will be seen from the accompanying illustrations, are of the most elegant description. The location chosen, on the first floor of the Massachusetts Mutual Life Insurance building, offered the best facilities and safeguards to be found anywhere in this region. Being near the post-office and Western Union telegraph office, it is one of the best watched points in the city, from early morning till late at night. The main banking room, entered directly from Main street, has no rival in Western Massachusetts in the magnificence of its finish

SAFE DEPOSIT VAULTS.

and furnishing. The president's office occupies the right hand corner front, and the treasurer's office the corresponding left hand corner. These apartments are separated from the main room by partitions of mahogany and plate glass. At the rear of the treasurer's office, and directly communicating with it, is the working room of the clerks and teller. The counter, extending from the treasurer's office to the vaults in the rear, and separating the clerks' quarters from the main room, is of novel construction and elegant workmanship in solid mahogany. There are three openings. The back of the counter is not a working desk, as in most banks, but is arranged to afford such conveniences as places for books of reference. All the working desks are separate from each other, and stand some distance back from the counter. The safety of the teller is secured by means of a strong brass cage, into which he locks himself, thereby making himself as secure from any sudden assault from the rear as from the front of the counter. The floor of the main room is laid with encaustic tiles. The mahogany wood work is polished to a dead finish. Mahogany beams divide the ceiling into large panels, the centers of which are decorated in plastic fresco in rich colors. The side walls are finished in a medium shade of olive, and the frieze is of gold bronze, green and brown.

Forty-six feet back from the Main street entrance, at the rear of the main room, springs the massive arch of masonry that supports the vaults of the life insurance company on the floor above. It is within this arch and under the life company's vaults that the vaults of the safe deposit company are located. An ornamental iron grill of beautiful workmanship and finish, so colored as to harmonize with the walls and ceiling, of the same width as the room and extending from floor to ceiling, stands in the front of the arch and separates the main banking room from the vaults. The front of the vaults is faced with low tiling in beautiful designs.

Passing through the vaults toward the rear of the building one comes to a handsomely furnished reading room, and beyond that to the directors' parlor. At the left of the reading room is a ladies' toilet room, and at the right, one for men. Beyond the ladies' toilet rooms are coupon rooms, provided with locking doors, gas and desks, into which a person may retire for complete seclusion in examining the contents of his box. The reading room and directors' parlor are finished in English oak. The walls are frescoed in olive and Indian reds, and the floors covered with Wilton carpets. A fireplace in the parlor is faced with low tile and surmounted by a carved mantel and plate glass mirror. Above the windows are stained glass transoms. The gas fixtures are handsome designs in brass and bronze. These rooms can be entered only by passing through the vault from the banking room. The windows are heavily barred. Electric calls communicate with the banking room from every point. By noiselessly pressing an electric button, the vaultkeeper can sound a gong in the banking room, summoning the whole force of clerks to his assistance.



COUPON ROOM.

The style of the wood work and ornamentation, which was done by Arthur & Noble, of Boston, is pure French renaissance throughout, and the workmanship is of the most thorough character.

This company has been incorporated by the state of Massachusetts, and is allowed to have a capital of $500,000. Its president is J. G. Mackintosh, of Holyoke, and its officers embrace seventeen of the wealthy and leading business men of Western Massachusetts. It was chiefly by the personal efforts of Mr. Mackintosh that it was organized, and he has had the immediate oversight of all details of construction and system.

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HEALTH IN THE BREAD.

Perfect food is that which, while prepared in the most appetizing form, is also the most wholesome and nutritious. It should never be necessary to sacrifice the wholesomeness of an article in order to make it more palatable, nor, as is too often the case, should be compelled to take our bread or cake bereft of its most appetizing qualities in order to avoid injury to our digestive organs.

The Royal Baking Powder possesses a peculiar quality, not possessed by any other leavening agent, that applies directly to this subject. It provides bread, biscuit, cake, muffins, or rolls, which may be eaten when hot without inconvenience by persons of the most delicate digestive organs. With most persons it is necessary that bread raised with yeast should lose its freshness or become stale before it can be eaten with safety. The same distressing results follow from eating biscuit, cake, pastry, etc., raised by the cheap, inferior baking powders that contain lime, alum, phosphates, or other adulterants. The hot roll and muffin and the delicious hot griddle cakes raised by the Royal Baking Powder are as wholesome and digestible as warm soup, meat, or any other food.

Another greatly superior quality possessed by the Royal Baking Powder is that by which the preservation of important elements of the flour is effected in raising the bread by the mechanical operation of the gas, without fermentation. Yeast, and all baking powders that produce the leavening gas by fermentation, as is well known, destroy a portion of the nutritive elements of the flour, and particularly those which are the most healthful and the greatest aids to a perfect assimilation of the food. The Royal Baking Powder, while perfectly leavening, retains without change or impairment all those elements which were intended by nature, when combined in our bread, to make it literally the "staff of life."

No leavening agent or baking powder, except the Royal Baking Powder possesses these great qualifications.

IMPORTANT IN CONSUMPTION,

Sudden Colds, Ayer's Cherry Pectoral is equally effective in Lung troubles of long standing. ** I am constantly using Ayer's Cherry Pectoral in my practice, and prefer it to any other medicine for pulmonary complaints. From observation, in many severe cases, I am convinced it will cure Colds, Coughs, and diseases of the Lungs, which cannot be reached by other remedies.—I. S. Cushman, M. D., Saco, Me.

In its early stages, can be cured by the use of Ayer's Cherry Pectoral. ** Six months ago I had a severe Hemorrhage of the Lungs, brought on by a distressing Cough, which deprived me of sleep and rest. I tried various remedies, but obtained no relief until I began taking Ayer's Cherry Pectoral. A few bottles of this medicine speedily cured me.—Mrs. E. Coburn, 18 Second st., Lowell, Mass.

Ayer's Cherry Pectoral,

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass. Sold by all Druggists. Price $1; six bottles, $5.

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PACKER'S TAR SOAP.
Prevents Chapping. The best for Skin Diseases Washing Baby, Dandruff, etc.

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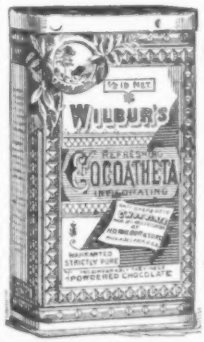
Lozenges. For Throat and Voice. Quick; satisfying. Invaluable to Singers.

PACKER'S CUTANEOUS CHARM.
Cures Chafing, Chapped Hands, Salt Rheum, etc. It makes the skin like velvet.

25 Cent Bottles.



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A Beautiful Imported Birthday Card sent to any baby whose mother will send us the names of two or more other babies, and their parents' addresses. Also a handsome Diamond Dye Sample Card to the mother and much valuable information. Wells, Richardson & Co., Burlington, Vt.

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A predigested, non-irritating, easily assimilated food indicated in all weak and inflamed conditions of the digestive organs, either in infants or adults.

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PLAYING THE HOST.

The man is a poor churl of a fellow who, having a home, however humble, does not feel that one of the happiest of all life's privileges is that of playing the host in it, says the Boston *Herald*. So far as the house goes, it ought to enable him to sympathize with what must be the highest blessedness of deity itself. True, it is not the wide, glorious universe, with its starry heavens, mountains, seas, lakes and groves, but still, though a small thing, it is his own; and gives him something royal to bestow on others—a warm welcome, the coziest seat by the fire, the best cheer he can command on the table, and a dainty, springy, inviting bed to sleep in. No wonder, then, the word hospitality has in all ages secured itself such a fond nestling place in the human breast, for never is man or woman seen to more advantage than under the aspect of truly cordial host and hostess. Now, there is a great deal of this kind of hospitality in the world, and no end of the happiest recollections of a long lifetime are bound up with delightful experiences of hours, days and weeks spent in just this sunny atmosphere.

But ought not so essentially generous an idea as this of hospitality to have a still wider and more generous interpretation put on it? No doubt, it is a fine thing to make a guest welcome to fireside, table, armchair and sleeping room, but is not a great deal more than this essential to picturing the full characteristics of the ideal host and hostess? The essential mark of hospitality is, of course, a quick and delicate perception of the wants of the guest, together with delight in ministering to them. If he is hungry, feed him; if cold, warm him; if sleepy, speed him to bed. But how about entertaining his ideas and sentiments, as well as his senses, and giving these, likewise, a generous welcome? The host or hostess that knows how to bring these finer and shyer visitants out, and smile upon and cheer them as they begin to flow, will not such an one warm and exhilarate the spirits of the sojourner under their roof as no mere blazing fireside can? Indeed, ministering delicately to the senses of the welcomed guest, what is this at best but a kind of preliminary for making him comfortable and setting him at his ease; while the highest and royalest form of hospitality only begins when a bright, sunny welcome is extended to the wisest, wittiest, sweetest and most charming elements in the man's mind and heart? Perhaps he has no great measure of any of these. Well, then to bring out the best he has in him and help him to set it in the best light. More than one of the wisest and greatest of men have put it on record that they never yet met any one in life from whom they could not learn something. Now, what clear comfort for any poor fool of a fellow like the most of us to have been the guest of one of these Newtons or Bacons, and to have seen the fine smile of satisfaction light up his wonderul face at our actually telling him something new and interesting. We would remember the fact years after we had forgotten whether the bed he gave us was hard or soft, or the steak tender or tough. Indeed, it can be depended on that no home ever gets the best kind of house warming till it has become a place to which friends long to flock because they feel that an atmosphere pervades it in which they talk better, laugh more cherrily, revel more freely in their richest sentiments than they can anywhere else. For a welcome after this fashion they will forsake the downiest of couches and the most delicate of viands, and go gladly where, though the fare is scantier, the hospitality toward thought and feeling is so thousand fold more cordial.

THE FOOD THE FATHERS ATE.

The people of the last generation, Dr. Hodges says, "knew nothing of luxury; they had the 'reg'lar' and solid meals at noontime, which are said to be the foundation of the stability of character, and they enjoyed at least nine hours of sleep every day." How happy, indeed, are the men and women who are able to look back upon such a state of life, exclaims the *Boston Post*, and how unhappy by contrast are those who remember a different state of things as the practice of the older generations, and suffer in their own lives its effects! To these unfortunates the tables of their fathers and mothers appear in their recollection burdened with unwholesome and scarcely nourishing dishes.

The chief dish there is one of salted pork, whose contents have been shrivelled in the greasy frying pan into indigestible scraps. There are potatoes, most frequently fried in the same grease as the pork, or else boiled; their starchy substance is expected to be the chief feature of the meal. There is hot bread, made of a poor quality of wheat flour, which has been carefully deprived in the milling of its most nutritious properties. There is butter, which is generally good. There are fried apples—not nourishing. There is tea, which has boiled long and long, its stewed leaves surging round and round in the teapot preparatory to being poured out in black masses into cups for drinking. And, to crown the feast, there is dried apple pie! This is the regular meal that some mature people remember, though at intervals, to be sure, its monotony is varied with excellent brown bread made of Indian corn, with innocuous baked beans, and with glutinous "flap-jacks" and griddle cakes.

EXTRAVAGANT EPICURES.

Haydn, the great composer, and equally great consumer, liked to dine alone. It was his custom to order dinner for five, and then at the appointed hour to devour the whole banquet. On one occasion he commanded the new waiter who was not acquainted with the great musician's peculiarity, to serve the dinner. "The dinner is ready," said the waiter, bowing, "but, monsieur, the company have not yet arrived." "De gompany," retorted Haydn, contemptuously, "de gompany? I am de gompany." The dinner was at once served to de "gompany," who demolished it quite as effectually as any ordinary company could have done.

Another lordly feeder was a contemporary of Haydn, the Duke of Norfolk, who would eat, at a Covent Garden tavern, food enough for five persons, but he possessed a more sensitive temperament than the musician, and would never eat five dinners in one a second time at the same hotel, not caring to encounter again the obvious amazement of the waiters.

The Cure de Brequier is immortalized by Brillat Savarin. This reverend gentleman would eat at a single sitting as much food as would serve a workingman for ten days. Brillat Savarin once saw him, in three-quarters of an hour, sweep into his capacious stomach "a quart of soup, a plate of boulli, a large leg of mutton, a superb ham, a copious salad, a pound or two of cheese, a prodigious quantity of bread, a bottle of wine, another of water and a cup of coffee." The narrator is careful to state that the cure did not eat either the ham bone, or that of the leg of mutton.

We are told of an English man of letters and politics who ate at a solitary dinner seven pounds and a half of solid meat. At the shop where he performed the feat the customers were at liberty to eat as much as they liked for a certain sum, but its keeper had never before encountered a man of his ilk.

Lucullus never dined more sumptuously than when he dined alone, and on one occasion upbraided his cook for serving him with a cheap repast when "Lucullus dined with Lucullus," the cost of which was only about $500.

Among modern extravagant epicures, we have the Vicomte de Vieil Castel, who wagered that he could consume 500 francs' worth of food and liquor in two hours. His order consisted of twenty-four dozen oysters, a soup, a beefsteak, a pheasant stuffed with truffles, a salmi of ortolans, a dish of asparagus, a plate of young peas, a pineapple, a dish of strawberries, five bottles of wine, coffee and liquors. He won his wager in one hour and forty minutes.

Napoleon I. ate little, and that rapidly, as if he begrudged the time. His two favorite dishes were a breast of mutton grilled, and lentils. Napoleon III. resembled his uncle in gastronomic indifference and sobriety, and had no care about what he ate, while Louis XVIII. was more interested in a menu than in an act of Parliament.

To descend from the region of the historically marvelous to what I have actually witnessed, writes a correspondent of the San Francisco *Post*, I remember once breakfasting in the company of a well known musician, and being greatly astonished at his gastronomical feats. First he disposed of the half of a large muskmelon, followed by a beefsteak and mushrooms, of which he had a second and a liberal help, potato croquettes, four boiled eggs, and toast and muffins ad libitum followed, the repast being concluded with six wheat cakes. Said our hostess to me afterward: "I consider him the very prince of guests with his delightful conversation, his divine music and *such* an appetite!"

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Harden and crack their shoes, when they can keep them soft and smooth with WOLFF'S ACME BLACKING? *Test it and convince yourself.* Apply your best Dressing to the finest tissue paper; when dry, give it another coat, and then observe how the paper has shriveled and hardened. On another piece apply Wolff's Acme Blacking, and you will find that the paper becomes softer, smoother and stronger. Shoes dressed with Acme Blacking can be washed clean. It is waterproof.

If you cannot find it in your neighborhood, send 25 cents to cover cost of packing and postage, and we will send a bottle by mail.

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A box containing **Samples** of **all** the above **five** articles **prepaid** to your nearest **Railroad** Express Office (which should be named) for Fifty Cents—Money Order, Stamps or Currency.
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PROF. CHS. LUDWIG VON SEEGER

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Invaluable to all who are Run Down, Nervous, Dyspeptic, Bilious, Malarious or afflicted with weak kidneys. **Beware of Imitations.**

Her Majesty's Favorite Cosmetic Glycerine.

Used by Her Royal Highness the Princess of Wales and the nobility. For the skin, Complexion, Eruptions, Chapping, Roughness. **$1.00.** Of Druggists.

LIEBIG CO'S Genuine Syrup of Sarsaparilla, is guaranteed as the Best Sarsaparilla in the market.

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ONE MILLION BABIES

Might be made happy

In their old age if their mothers recorded their doings in such a book as

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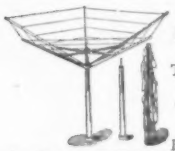

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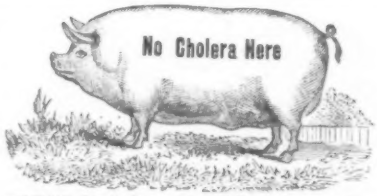

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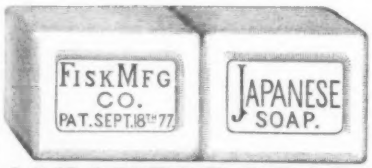

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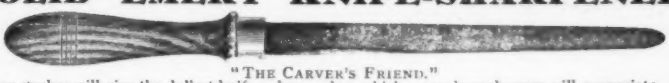

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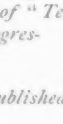

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